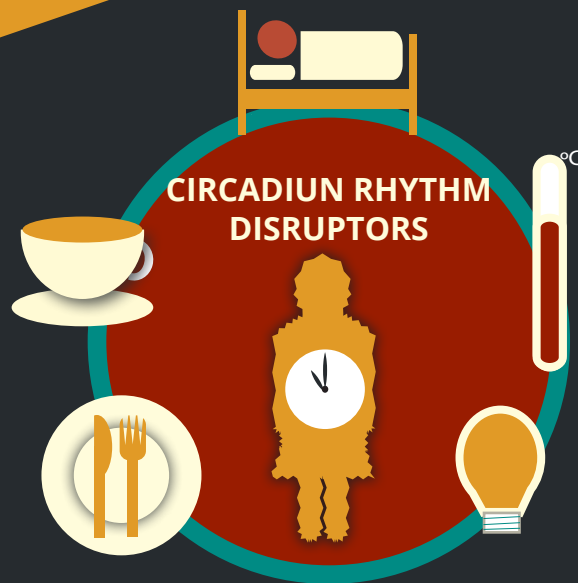


1970's Exposure to light at night-
time has been proposed as a risk factor for
breast cancer, possibly due to the disruption of
the body's internal clock - its circadian rhythm.



2003 onwards



113,000
Participants were followed
for an average of six years,
collecting further data every
three years by questionnaire.



RISK FACTORS

DATA COLLECTED



OBESITY

PHYSICAL ACTIVITY
ALCOHOL CONSUMPTION

**FAMILY HISTORY
OF BREAST CANCER**

AGE OF FIRST PERIOD

CHILDREN

AGE AT BIRTHS

**DURATION OF
BREASTFEEDING**

AGE OF MENOPAUSE

1,775



out of the 105,866 women went on to
develop breast cancer, but found
**Exposure to light was not
associated as previous
studies have suggested it
might be.**